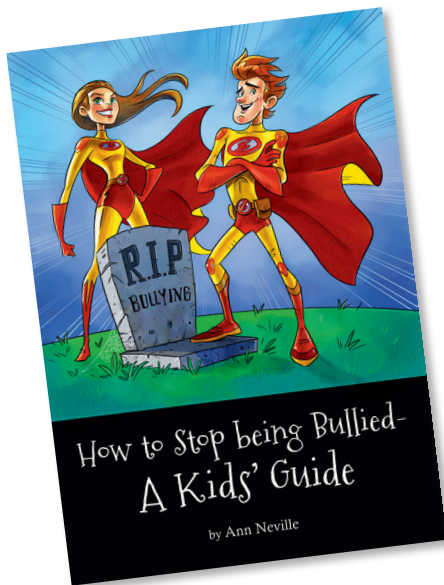


How to Stop Being Bullied - A Kid's Guide



About the Author



Ann has lived in Hamilton most of her life and taught in various towns in New Zealand and the UK. She has written Bullying Guides for parents and children, as well as other educational resources.

Ann has a Master's in Education, Diploma in Educational Management, Diploma in Educational Leadership and Graduate Diploma in Creative Writing. She has also studied Short Story Writing for Children and is currently completing a Diploma in Publishing through Whitireia New Zealand.

Her research has looked at all forms of violence including physical, verbal, isolation, sexism, ageism and cyber bullying. This led Ann to write the book 'Violence...not in our school', which was made possible through a Graduate Study Award from the University of Waikato. A Winston Churchill Fellowship enabled Ann to travel to USA to study their strategies for dealing with violence in American schools.

What the author says about the book

No-one wants to be bullied (and, actually, no-one wants to be a bully either). So why does it happen? I wanted to write a book that gives kids effective strategies they can use to prevent being bullied.

Selected Bibliography

Violence...not in our school	Leaders Press 1998
Numerous biographies	1997 - 2013
Batjack	CreateBooks 2013
How to Stop Being Bullied - A Kid's Guide	CreateBooks 2013
How Bully-proof Your Child - A Parent's Guide	CreateBooks 2013
R.I.P. Cyberbullying	CreateBooks 2014
A Guide for Parents	CreateBooks 2014
Izzies Surprise	CreateBooks 2014

About the Illustrator



Scott Pearson was born in England and moved to New Zealand at the age of seven. From an early age, Scott showed an interest in art, drawing doodles and comic art. After school, Scott completed a Bachelor of Media Arts in illustration and computer based graphic design. Scott's style is very adaptable, as he experiments with a lot of new styles, techniques and does a lot of research to keep up to date with the latest trends. Most of Scott's work is done on his computer now. He uses paper and pencil to refine ideas and then scans them into the computer to render and finish the work. He also uses a Wacom drawing tablet and Cintiq, and uses the programs Photoshop, Painter, and Illustrator to bring it all together.

Classroom Activities

Oral Language:

1. Give a speech about 'How to Survive Bullies'.
2. Write a poem about bullies and perform it in front of the class.

Reading:

1. Write five comprehension questions for the book. Make sure they are open questions - an open question require more than a Yes or No.
2. Swap your questions with a partner and answer each other's questions.
3. Find three other books that deal with bully issues. Write the title and the name of the author for each of them.
4. Find five words you did not know and write down their meanings.

Written Language:

1. Write a short story from the point of view of someone being bullied. Use words that describe how it feels to be bullied.
2. Write a synopsis for the book. A synopsis is a summary or outline.
3. Write a book review.

Health:

1. Name the different types of bullying this book deals with.
2. Come up with your own strategies of what to do if you encounter bullying.

3. Role-play what to do if someone bullies you, using one of the strategies in the book.
4. Rate the strategies and write down why you would use them or not.

Social Studies:

1. Bullying is an issue that happens at most schools. What do you think schools should do to combat it?
4. Bullies often target people without much confidence. Write down some tips for people on how to appear confident.

Visual Language:

1. Design a poster giving tips on what to do to handle bullies.
2. Come up with a slogan about bullies and design a logo to go with it. Put it onto a sticker.
3. Look at the different types of font used in the book. Find out what they are called.
4. Choose one of the pages in the book and draw an illustration for it.
5. Redesign the cover of the book and write down why you think your design works.

CROSSWORD PUZZLE

ACROSS

- 2. A person who picks on someone else.
- 4. When a person is aggressive towards you.
- 7. A way to solve a problem.
- 8. A form of exercise that helps you to protect yourself.
- 9. How you should treat everyone.
- 10. A person who is bullied.

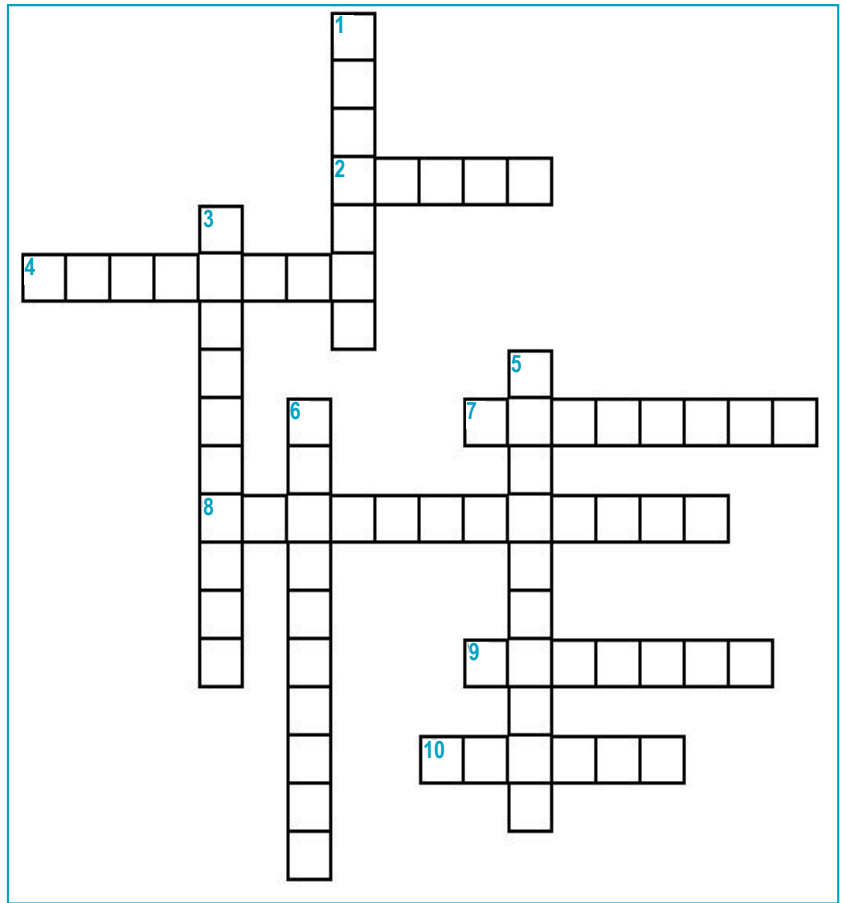
DOWN

- 1. Something that upsets you and needs solving.
- 3. How you feel when you can't see a way to solve a problem.
- 5. If you act this way you are less likely to be bullied.
- 6. How you feel when you are bullied.

ANAGRAM

Unscramble the following words

- lylbu
- ticniv
- lsde-nefec
- udeeanic
- vleocine
- reissggn
- urebavoih
- mbela
- dacser
- fcneneiodc
- eteseeflsm



CYBERBULLYING WORD SEARCH words can be found vertically, horizontally and diagonally and back to front.

- avatar
- block
- computer
- cyber
- facebook
- flaming
- griever
- iphone
- kind
- malware
- nasty
- online
- outing
- password
- post
- sad
- safety
- stop
- support
- tell
- think
- troll
- true
- video



Answers
Crossword Puzzle:
 Across: 2. bully 4. violence 7. solution 8. self-defence 9. respect 10. victim
 Down: 1. problem 3. depression 5. confidence 6. vulnerable
Anagram
 bully, victim, self-defence, audience, violence, aggression, behaviour, blame, scared, confidence, self-esteem



Bully Busting

